

# LINEBREAK

A global originator of compression and thermoregulatory sportswear



*“Spida” Everitt knows why he wears LineBreak™*  
The question is... **Why should you?**

#### **For recovery?**

LineBreak's™ scientifically designed and tested garments use gradient compression to improve circulation to muscles affected by Delayed Onset Muscle Soreness (DOMS).

Improved circulation speeds up recovery by dispersing lactic acid and providing more efficient flow of re-oxygenated blood to the muscles.

#### **To reduce soft tissue injury?**

During exercise, LineBreak™ products stabilise muscles from the dynamic forces that cause micro-tearing to muscle fibres. Reduced muscle oscillation means the natural degradation that causes fatigue and performance decline is slowed significantly.

#### **To maintain optimum body temperature?**

LineBreak's™ superior moisture management technology works with the body's thermoregulatory system to actively warm or cool the wearer regardless of exertion levels and ambient air temperature. LineBreak™ is clinically proven to reduce sweat rates by a staggering 30% (Robert Newton et al, 2006).

#### **To maximise training and competition performance?**

The key benefits of stabilising muscles and speeding venous blood flow is maximised endurance, power and performance (Bringard A et al, 2005).

**How can a simple piece of clothing make such a difference? The answer is... it can't.**

That's why LineBreak™ is anything but a simple piece of clothing. It is a scientifically designed and laboratory tested piece of performance equipment that uses the latest global advances in fabric and design engineering. **That's what makes the difference.**

Endorsed and worn by



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